

The information presented in this book is an exciting step forward in the evolution of horsemanship. The *Relationship Riding*© method is based on how humans started riding horses many centuries ago. Riding was accomplished through trust and leadership, involving no pain, fear or discomfort for the horse.

You will embark on a journey that will take you to the heart of your horse's desires. Learn how horses communicate amongst themselves, using means other than body language, and how you can effectively use these same methods to communicate with them.

*Relationship Riding*© will teach you how to avoid practically all behaviour and performance problems by learning how to be the leader that your horse needs and wants you to be.

Introducing ***True Equine Leadership***: Become your horse's own personal trainer through a series of simple ground and riding exercises. Learn how to stand your ground respectfully and instill trust. Understand how to unleash the power of calm confidence. Challenging conventional methods of training and riding horses, *True Equine Leadership* is based on how the equine herd leader behaves in order to gain the leadership position.

No matter what your horse's history or background is, no matter how old or young, your horse will always seek a herd leader in order to feel safe. It is up to you to choose to become his leader. This amazingly simple method will change the way you interact with horses. Enjoy the ride!



Barbra Ann King is an internationally known horse behaviour specialist, founder of the Relationship Riding© method, and a published author living in Alberta, Canada. She studied Horse Psychology & Behavior, Equine Sports Massage Therapy, Hands On Healing, Tellington TTouch as well as the use of riding principles based on techniques that are centuries old. Often called as the last resort, Barbra Ann specializes in horses with behaviour and performance issues. She has developed various equine programs including "*EASI: Equine Assisted Self-Improvement*", "*Women's Journey of Self-Discovery on Horseback*" and "*Riding Through Life*", a youth program for at-risk teens. Barbra Ann lives by her mission statement of bringing horses and people together, using no pain, fear and/or discomfort on a physical, mental and emotional level.

